

FEBRUARY 2012



Tower Program Calendar

LEGEND

- 2 – 2ND FLOOR ACTIVITIES
- 10 – 10TH FL SOLARIUM
- 10W—10TH FLOOR WEST
- ALB – ALBERTSON CENTER
- ALU – ASSISTED LIVING
- B— BOARD ROOM
- C – CHAPEL
- CO – CHAPLAIN'S OFFICE
- D – DINING ROOM
- FE – FRONT ENTRANCE
- HC – HEALTH CENTER
- K – KINNEAR THEATER
- LIB – LIBRARY
- M – MEDITATION ROOM
- ML – MAIN LOBBY
- P – POOL
- S – SOLARIUM
- TBR—TERRACE BOARD ROOM
- V— VAN TRIP
- W-WELLNESS CENTER

FEBRUARY ENTERTAINMENT

- Wednesday February 1st
Debbie Dimitre as
Anne Hutchinson
7:15 pm, Albertson Center.
~
- Wednesday February 8th
Filipiano Dancers
7:15 pm, Albertson Center
~
- Wednesday February 15th
Ev Stern Jazz Trio
7:15 pm, Albertson Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Bayview's First Annual Mardi Valentine's Party Tuesday February 14th 2:00 pm in the Main Lobby Live Entertainment Wear a hat, costume, or mask.</i></p>			<p>Olympia Legislative Rally 1 9:00 Balance Basics-W 9:30 Party Committee-K 11:00 Ai Chi Water Walking-P 12:45 Wii Bowling-K 1:00 Yoga & Meditation-W 2:00 Seated Iso-Fit-8 3:00 Music Appreciation-Alb. 3:00 Nu-Step-W 3:30 Balance Basics-W 7:00 Book Group: Animal Farm-10th Fl Dining Rm. 7:15 Debbie Dimitre as Anne Hutchinson-Alb.</p>	<p>10:00 Frye Art Museum-V 2 1:00 Easy Enhance Fitness-W 2:00 Computer Group-10W 2:30 AF Aquatics-P 3:00 Wii Golf-K 4:00 Seated Tai Chi-10W 4:00 Floor Meetings-S 7:00 Reilly: Ace of Spies (1983)</p>	<p>Heart Month/Wear Red Day 3 8:45 Enhance Fitness-W 9:30 Mass-C 10:30 Victorian Lives-Alb. 11:00 Water Walking-P 1:00 Relax and Flex-W 1:00 Reader's Theater Rehearsal-Alb 2:00 Yoga & Meditation-W 2:00 Wii Bowling-K 2:00 3 Peas in a Pod-10W 3:00 Wellness Coaching-W 7:00 The Shop Around the Corner (1940)</p>	<p>10:30 The Shop Around the Corner (1940) 4 2 & 7 The Help (2011)</p>
<p>2:00 Cinema Club: The Hustler (1961) 4:30 Choir Practice-C 7:00 Vespers-C</p>	<p>5 9:00 Ask your Facilities Dir.-ML 6 9:30 Monday Meditation-C 9:30 Gentle Chair Fitness-9 10:00 Book Club-3 1:00 Writer's Workshop-4 1:00 Relax and Flex-W 2:00 Knitting -10 2:00 Blood Pressure Clinic-ML 2:30 AF Aquatics-P 2:30 Current Affairs -Alb 7:00 Ram Dass: Fierce Grace (2001)</p>	<p>7 8:30 Sound Steps-V 9:30 Jewelry Repair-ML 10:00 Shakespeare-10 10:00 Linus Pauling and Orthomolecular Medicine-Alb. 1:00 Easy Enhance Fitness-W 2:30 A.F. Aquatics-P 2:30 Resident Council Mtg-K 4:00 A.F. Tai Chi/Qi Gong -W 6:30 Opera Night: Die Fledermaus (1984)</p>	<p>8 9:00 Balance Basics-W 11:00 Ai Chi Water Walking-P 12:45 Wii Bowling-K 1:00 Yoga & Meditation-W 2:00 Brain Fitness-Alb. 2:00 Seated Iso-Fit-8 2:00 Chronic Pain Support-M 3:00 Nu-Step-W 3:00 Van Committee-10W 3:30 Balance Basics-W 7:00 Book Group: Animal Farm-10th Fl Dining Rm. 7:15 Filipiano Dancers-Alb.</p>	<p>9 8:00 Foot Clinic-ALU 9:00 Acupuncture-W 11:00 Ezra Meeker Mansion, Puyallup-V 1:00 Easy Enhance Fitness-W 2:00 Computer Group-10W 2:30 AF Aquatics-P 3:00 Wii Golf-K 4:00 Seated Tai Chi-10W 7:00 Reilly: Ace of Spies (1983)</p>	<p>10 8:45 Enhance Fitness.-W 10:30 Victorian Lives-Alb. 11:00 Water Walking-P 1:00 Relaxation & Flex.-W 1:00 Reader's Theater Rehearsal-Alb 2:00 Yoga & Meditation-W 2:00 Wii Bowling-K 2:30 Mary Kay Pampering-9 3:00 Wellness Coaching-W 7:00 Ship of Fools (1965)</p>	<p>11 10:30 Ship of Fools (1965) 2 & 7 Seven Days in Utopia (2011)</p>
<p>12 2:00 Cinema Club: Stolen Kisses (1968) and Antoine and Colette (1962) 4:30 Choir Practice-C 7:00 Vespers-C</p>	<p>13 9 Ask your Facilities Dir.-ML 9:30 Monday Meditation-C 9:30 Gentle Chair Fitness-9 10:00 Book Club-3 1:00 Relaxation & Flex.-W 1:00 Writer's Workshop-4 2:00 Stitches -10 2:30 A.F. Aquatics-P 2:30 Current Affairs with Jim Thyden-Alb. 4:00 Wellness Orientation-M 7:00 Page One: NY Times (2001)</p>	<p>14 8:30 Sound Steps-V 10:00 Shakespeare-10 10:00 Food Committee - D 11:00 Film Committee - K 1:00 Easy Enhance Fitness-W 2:00 Mardi Valentine Party-ML 2:30 A.F. Aquatics-P 3:00 Wii Golf-K 4:00 A.F. Tai Chi/Qi Gong -W 6:45 Game Night-6 7:00 Jazz/Poetry/Improv with Ev Stern-Alb.</p>	<p>15 9:00 Balance Basics-W 9:30 Hearing Screen-M 9:30 Legislative Committee-4 10:30 League Women Voters-4 11:00 Ai Chi Water Walking-P 12:45 Wii Bowling-K 1:00 Yoga & Meditation -W 2:00 Brain Fitness-Alb. 2:00 Seated Iso-Fit-8 3:00 Music Appreciation-Alb. 3:00 NuStep Group-W 3:30 Balance Basics-W 7:00 Book Group: Animal Farm-10th Fl Dining Rm. 7:15 Ev Stern Jazz Trio-Alb.</p>	<p>NAMETAG DAY 16 8:00 Foot Clinic - ALU 9:30 Educational Comm.-10W 10:00 Northgate Mall-V 1:00 Easy Enhance Fitness-W 2:00 Computer Group-10W 2:30 A.F. Aquatics-P 3:00 Bookmobile-ML 3:00 Wii Golf-K 4:00 Seated Tai Chi-10W 5:00 Birthday Night-DR 7:00 Reilly: Ace of Spies (1983)</p>	<p>17 8:45 Enhance Fitness.-W 10:30 Victorian Lives-Alb. 11:00 Water Walking-P 1:00 Reader's Theater Rehearsal-Alb 2:00 3 Peas in a Pod-10W 2:00 Wii Bowling-K 7:00 To Catch A Thief (1955)</p>	<p>18 10:30 To Catch A Thief (1955) 2 & 7 Kitchen Stories (2004)</p>
<p>19 2:00 Cinema Club: Alice in Wonderland (1933) 4:30 Choir Practice-C 7:00 Vespers-C</p>	<p>20 9 Ask your Facilities Dir.-ML 9:30 Monday Meditation-C 10:00 Book Club-3 1:00 Writer's Workshop-4 2:00 Knitting -10 2:30 Current Affairs -Alb 7:00 You Are There: American Revolution and George Washington (1953)</p>	<p>21 8:30 Sound Steps-V 10:00 Shakespeare-10 11 Your Clothing Solution-ML 1:00 Easy Enhance Fitness-W 2:00 CEO/Resident Mtg-Alb. 2:30 A.F. Aquatics-P 3:00 Wii Golf-K 4:00 A.F. Tai Chi/Qi Gong -W 7:00 Jazz/Poetry/Improv with Ev Stern-Alb.</p>	<p>22 9:00 Balance Basics-W 9:30 Imposition of Ashes-C 11:00 Ai Chi Water Walking-P 12:45 Wii Bowling-K 1:00 Yoga & Meditation -W 2:00 Brain Fitness-Alb. 2:00 Seated Iso-Fit-8 3:00 Nu-Step-W 3:30 Balance Basics-W 7:00 Book Group: Animal Farm-10th Fl Dining Rm.</p>	<p>23 1:00 Easy Enhance Fitness-W 2:00 Computer Group-10W 2:30 AF Aquatics-P 4:00 Seated Tai Chi-10W 5 :00 Dinner at Tamarind Tree-V 7:00 Reilly: Ace of Spies (1983)</p>	<p>24 8:45 Enhance Fitness.-W 10:30 Victorian Lives-Alb. 11:00 Water Walking-P 1:00 Reader's Theater Rehearsal-Alb 2:00 3 Peas in a Pod-10W 2:00 Wii Bowling-K 4:00 Wine Social - ML 7:00 The Grapes of Wrath (1940)</p>	<p>25 10:30 The Grapes of Wrath (1940) 2 & 7 Midnight in Paris (2011)</p>
<p>26 2:00 Cinema Club: Day of the Locust (1975) (R) 4:30 Choir Practice-C 7:00 Vespers-C</p>	<p>27 9 Ask your Facilities Dir.-ML 9:30 Monday Meditation-C 10:00 Book Club-3 1:00 Writer's Workshop-4 2:00 Knitting-10 2:30 Current Affairs-Alb. 7:00 BINGO-ML 7:00 Bill Cunningham NY (2010)</p>	<p>28 8:30 Sound Steps-V 10:00 Shakespeare-10 1:00 Easy Enhance Fitness-W 2:30 A.F. Aquatics-P 3:00 Wii Golf-K 4:00 A.F. Tai Chi/Qi Gong -W 6:45 Game Night-6 7:00 Jazz/Poetry/Improv with Ev Stern-Alb.</p>	<p>29 9:00 Balance Basics-W 11:00 Ai Chi Water Walking-P 12:45 Wii Bowling-K 1:00 Yoga & Meditation -W 2:00 Brain Fitness-Alb. 2:00 Seated Iso-Fit-8 3:00 Nu-Step-W 3:30 Balance Basics-W 7:00 Book Group: Animal Farm-10th Fl Dining Rm.</p>	<p>The Linus Pauling Institute presents: <u>Linus Pauling and Orthomolecular Medicine</u> Stephen Lawson, Administrative Officer, Linus Pauling Institute Tuesday February 7th at 10:00 am in Albertson Center.</p>		